



Blesseds Luigi and Maria Beltrame Quattrocchi

Today in the United States, we celebrate National Parents Day, so it is very fitting to reflect on **Blesseds Luigi and Maria Beltrame Quattrocchi**. This husband and wife lived in Rome in the first half of the 20th century, keeping the light of faith burning in their family life through prayer and devotion to the Eucharist. When asked about their four children, Maria responded quickly and honestly, “We brought them up in the faith, so that they might know and love God.”

Drawing on Scripture and the lives of the saints, Luigi and Maria found ways to develop a rich spirituality, both as spouses and as parents. They generously dedicated themselves to teaching and guiding their children to discover God’s plan of love for their lives. Saint John Paul II noted that their exemplary home life brought forth vocations to the priesthood and the consecrated life, showing that marriage and the religious life are complementary since they both have roots in the same spousal love of Christ.

Reflection questions for couples:

- How and in what circumstances do we experience closeness to God in our married life?
- What more can we do to cooperate with God’s plan of love for us as a couple?
- How does the example of Luigi and Maria encourage us to nurture the spiritual lives of our children this year?

Reflection questions for parents and children:

- As you look around the world today, what do you see that is good about being married?
- What is especially hard for married couples and parents nowadays?
- Share with your children how your faith helps you to overcome challenges and find joy in your marriage.

